

# MENJONG FOUNDATION

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Annual report 2017

# MENJONG FOUNDATION

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## **1. FOUNDATION'S PORFILE**

### **1.1 About Menjong Foundation**

Established on 10 November 2011, Menjong foundation is managed by a group of very well motivated Bhutanese with concern and interest, dedicated to fostering an enlightened and happy society through the promotion of education, provide health care, preserve culture and religion, environment protection and to provide socio economic development. The foundation is a non-profit and non-Governmental organization aimed at helping the financially, physically and socially underprivileged people of Bhutan, especially in the remote communities. Our aim is also to support the single mothers to be able to raise their children with dignity and that their children would grow with respect, get proper education and become better and well motivated citizens of Bhutan. We provide financial support and guidance to these people in the initial stage so they can manage their long-term sustenance.

#### **Vision**

Towards “Collective good motivation and meaningful work for the benefit of others”

#### **Mission**

Menjong Foundation strives towards ensuring quality services for all the underprivileged children and communities through appropriate intervention as to enable them and to equally contribute towards socio economic development of the country.

#### **Objective**

To initiate, intervene, guiding and educational support, programs and activities for the uplifting of overall well-being of economically marginalized children and communities in Bhutan through the lens of compassionate practices.

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## 2. Activities carried out by Menjong Foundation for the year 2017

1.1 Provide free lunch for 60 students at Chendebji Primary school under Trongsa Dzongkhag.

This year also we decided to continue to provide free lunch for another school year. Recognizing the importance of nurturing children in this age range, Menjong Foundation endeavors to provide the Bhutanese children with the right intervention which will have a lasting impact on enhancing their social, emotional and academic developments. Menjong foundation started the free lunch services because it brings many changes in many lives, the school, the community itself and the neighborhood at large. Most of the students walk for an hour or two to reach their school daily. Since their parents are simple farmers who had to start working at dawn either in their small farms or some work at roadsides maintenance, these children are unable to get lunches on time. Therefore, Menjong Foundation has initiated the warm meal program to the students of the mentioned school this initiative remains one of our top priority. At the same time we buy fruits, vegetables, cheese, eggs, butter and all the other necessary items from the local community there so that we also help them to improve their living standard. With these services in place and the positive outcome harvested by the beneficiaries, the foundation anticipates;

- ✓ Active participation and improved care from teachers and parents;
- ✓ Local leaders' role play for similar service in future – Sustainability;
- ✓ Community Vitality – Unite communities to address certain issues;

Outcome:

1. Help in reducing poverty and stunted growth problems
2. Improved academic performance
3. Decreased mood swinging behavior;
4. Active participatory in whole-some-education;
5. Reduced parents' concern/burden



Fig. 1. Students enjoying their warm meal

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Fig. 2. Students are smiling and they are happy after their meal

## 2.2 Supported in total forty four students:

Reviewing the positive outcome out of the free lunch services, the Foundation introduced scholarship program for students in need for direct support as defined under the Foundation's Scholarship criteria. The program was initially implemented supporting the children under primary level. Children from poverty ridden families, remote areas, and uneducated parents could not support as much as the needs of basic schooling needs thereby continuing the cycle of poverty. The result is even though the children are enthusiastic and perform well at school, they could not continue their studies. Therefore, Menjong Foundation has taken this initiative to at least do its parts in supporting schooling of such children. Delivering good services in remote areas and to the poor children is costly, time-consuming and requires serious efforts. Menjong Foundation passionately believes that no matter where we live, we have the right to access quality basic services and give education to poor children who are economically and socially disadvantage.

Currently Forty four students (Twenty seven male and eighteen female) are under Menjong Foundation's scholarship studying at various schools of Bhutan. Since our goal is long-term sustainability and benefits to the children, we will support their education until they graduate; provided that they are willing to study and therefore produce good results. For the first time this year we have started to help at least one student who have not been able to qualify for Higher Secondary School financially, so that the person could continue her studies; which otherwise would not have been able to fulfill her dreams for a better future, only because of her poor family background.

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Menjong Foundation provides very practical support such as school uniforms, stationeries, school bags, umbrella and stipend of Nu. 250 every month for ten months in a year. Menjong Foundation works together with school Authority and local government to give proper education and good service to the students those who are economically and socially disadvantage in remote schools.

The support includes:

1. Set of school uniform – Gho/ Kira, Tego, Woonju/Lagay, Shoes and Socks;
2. Stationery – Exercise Books, Geometry Boxes, Pens, Pencils & Erasers
3. Rain Jacket/Umbrella
4. School Bag
5. A monthly stipend of Nu. 250/- for 10 months in a year.
6. Other schooling needs as and when needed
7. School fees.



Fig. 3 students got new set of school uniform and stationery



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## 3. Preservation of Nature & Environment

Menjong Foundation believes that long-term sustainability of our earth lies in protecting our environment and the Bhutanese constitution stipulates that at least 70% of land remains forested at all times. Tree planting is the process of transplanting tree seedlings, generally for forestry, land reclamation, or landscaping purpose. This year we decided to plant fruit trees during social Forestry day on 2<sup>nd</sup> of June 2017. The foundation provided forty fruit trees saplings and refreshment to students including teachers. Chief Guest and the guest inaugurated the plantation.



Fig.4 Students of Zilukha MSS planting fruit trees



Fig.5 Students getting refreshment after plantation

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## 4. Provided Electric Preserving Cooker with Temperature Control and Timer without Tap to the Chendebji Community

### Features Specification

- ✓ Electric Preserving Cooker with Temperature Control and Timer without Tap
- ✓ Temperature regulator with precision thermostat
- ✓ pilot lamp, overheating protection
- ✓ pot made of brushed and sanded 18/10 stainless steel
- ✓ closed pot bottom
- ✓ juice-extraction setting
- ✓ complete with grid insert
- ✓ integrated outlet tap
- ✓ Electrical Supply: 230V 2000W
- ✓ Dimensions: 46\*39\*48 cm/5.5 kg/power cord(1.5)



Fig.6 Electric Preserving Cooker



Fig.7 Local villagers getting training

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Fig.8 these six young women are now well trained and talented about preserving cookers

Twice in a year our local experts and also guests travelling from abroad; travelling on their own expense and who are motivated to bring positive changes on the lives of the socially disadvantaged people visit the Chendebji village and instruct the young talented people there. They have basic education and therefore it is easy, valuable and also it is a great advantage for us to teach them about hygiene, sanitation and nutrition. Menjong Foundation provided seven numbers of electric preserving cookers and three thousand glass jars (1-2 liters capacity) to the thirty households of Chendebji community. During our survey, we found out that the villagers could not preserve their product due to lack of proper equipment and facilities thus contributing to poverty and less nutritious diet. Although in summer all kinds of fruits and vegetables grow in Chendebji but during the winter and off seasons, people there have no fruits and vegetables at all. This problem expected to be solved through our Food Preservation Project. One of our Staffs travelled to Europe at her own expense and got trained in Germany, about food preservation and one food preservation specialist came to Bhutan to assist and train the people in Chendebji about how to preserve food. Through this project, we would like to improve the quality of the lives of the people living in the remote areas of Bhutan starting with Chendebji.

Method:-

- »Fill the jars and slowly tighten the lids. Place the jar inside the cooker, standing on the grid that covers the bottom, which prevents direct contact with the heater.
- »Fill the tank with water to just below the top of the jars. Put the lid back on the cooker.
- »Set the dial on the thermostat to 75 °C and allow the water to heat up to the temperature. Then set the timer for the required length of time for pasteurization, about 45-50 minutes.
- »At the end of the time, allow the jars to cool down and screw the caps down tightly. That cooked vegetables and fruits can be used in off-season for about 1-2 years.



## 5. Providing warm Robes to less fortunate monks

The young monks of Dobji dzong have to deal with quite strong and constantly cold wind, everyday. The monks studying there, who are all from poor family background and were seen suffering through the cold weather without warm clothing is absolutely very hard to imagine. Therefore, the foundation took initiative to provide some of the very poor monks Robes to keep them warm during the severe winter seasons. The monks were very happy to get new set of Robes and jacket.



Fig. 9 some of the young monks got new robes for the cold winter

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### 6. The Board Meetings

<b>Board Meeting Serials</b>	<b>Meeting Date</b>	<b>Venue</b>
1 <sup>st</sup>	3 <sup>th</sup> April 2017	All Board Meetings were held at Menjong Foundation's Secretariat's office
3 <sup>nd</sup>	5 <sup>th</sup> May 2017	
3 <sup>rd</sup>	5 <sup>th</sup> August 2017	
4 <sup>th</sup>	24 <sup>th</sup> December 2017	

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## 7. The Foundation's Accounts Statement – 2017

<b>Menjong Foundation</b>	
<b>Norzin Lam</b>	
<b>Thimphu: Bhutan</b>	
<b>Income and Expenditure Account for the Year 2017</b>	
<b>Funds Received</b>	<b>Nu</b>
Fund received	1,920,509.00
Bank Interest	506,277.87
<b>Expenses</b>	
Internet charges	6,236.00
Electricity charges	1,005.00
POL	15,300.00
Depreciation	172,350.75
General Expenses	3,000.00
TADA	3,200.00
Printing & Stationaries	1,800.00
Repair & Maint-office	4,100.00
Repair & maint-vehicle	15,780.00
Salary	402,930.00
Telephone Charges	2,442.00
Transportation charges	12,000.00
Education support	223,842.00
Rent	76,850.00
Postage & courier	1,340.00
<b>Excess of Income over Expenditure</b>	<b>1,484,612.00</b>

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## 8.1. Income and expenditure.

8.

Balance

sheet

<b>Menjong Foundation</b>									
<b>Depreciation-2017</b>									

Sl.no	Particulars	@	GROSS BLOCK			DEPRECIATION			NET BLOCK	
			As on 1.1.17	Addition	As on 31.12.17	As on 1.1.2017	Depreciation	As on 31.12.17	As on 31.12.16	As on 31.12.17
1	Office space			62600	62600					62600
2	Crockeries	15%	13000.00		13000.00	18850	1950	20800	3407.00	1457.00
3	Furniture	15%	233,805.00		233,805.00	509016.5	35070.75	544087.25	150138.75	115068.00
4	Printer	15%	7,200.00		7,200.00	10440	1080	11520	2880.00	1800.00
5	Hilux	15%	855000.00		855000.00	1239750	128250	1368000	416810.00	288560.00
6	Computer	15%	40,000.00		40000.00	15000	6000	21000	25000.00	19000.00
	<b>Total</b>		1,149,005.00	62600.00	1,211,605.00	1,793,056.50	172350.75	1,965,407.25	598,235.75	488485.00



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## 9. THE YEARS AT GLANCE

Sl. No.	Date	Activity /Program /Events/Meetings
1.	10 <sup>th</sup> February 2017-17 <sup>th</sup> December 2017	Continued lunch program for forty five students at Chendebji Primary School under Trongsa Dzongkhag
2.	10 <sup>th</sup> February 2017-17 <sup>th</sup> December 2017	Forty four students are currently under the Foundation's Scholarship Scheme
3.	3 <sup>rd</sup> April 2017	The Foundation's 1 <sup>st</sup> Board Meeting conducted for the year 2017
4.	5 <sup>th</sup> may 2017	2 <sup>nd</sup> Board Meeting held
5.	24 <sup>th</sup> December 2017	3 <sup>rd</sup> Board Meeting held
6.	2 <sup>nd</sup> June 2017	Planted 40 fruit trees at the Zilukha MSS, Thimphu
7.	14 <sup>th</sup> October 2017	. Provided Robes to some of the underprivileged monks at Dobji dzong

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## 10. ACKNOWLEDGEMENT

- Khenpo Phub Yeshe, the Founder of Menjong Foundation

### The Menjong Foundation's Board of Directors

- Khenpo Phub Yeshe, Executive Director
- Mr. Dawa Gyeltshen, Chairperson
- Mr. Yadav Lal Bhattraï, Secretary
- Mrs. Tshering Tshomo, Treasurer
- Mr. Tenzin Dorji, Coordinator
- Mr. Pemapa Tshering, field officer

### Institutes and Supporters

- Foundation for the independent Kingdom of Bhutan e.V. Germany.
- Bingo- Umweltstiftung, Germany
- Golf Club am Meer Badzwischenahn
- Lions Club Oldenburg
- Soroptimist International
- Civil Society Organization Authority, Thimphu
- CSO Fund Facility, Thimphu
- Dzongkhag Education Office, Trongsa Dzongkhag
- Chendebji Primary School, Trongsa
- Chendebji Community, Trongsa

# MENJONG FOUNDATION

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